

Lesson 4: Buddhism

Directions: Number the following events in Siddhartha Gautama's life in order from 1 (earliest) to 10 (most recent). Then fill in the blanks to complete the Four Noble Truths of Buddhism. You may use your textbook.

- ___ 1. Siddhartha sits under a tree and meditates.
- ___ 2. He becomes enlightened.
- ___ 3. After feeling very weak, he leaves the group.
- ___ 4. He travels and teaches for nearly 50 years.
- ___ 5. In a village, Siddhartha sees a very sick person.
- ___ 6. He joins a group of men who sought understanding and simple living.
- ___ 7. Siddhartha is kept inside the palace.
- ___ 8. He sees a morning star.
- ___ 9. After becoming an adult, he leaves the palace.
- ___ 10. Siddhartha fasts for six years.

The Four Noble Truths of Buddhism:

1. _____ is part of life for all people.
2. People suffer because they _____ so many things in life.
3. If people can _____ themselves from wanting so many things, they will not suffer.
4. People can free themselves from wants and from suffering by following the _____.



Notes for Home: Your child learned about the origins and beliefs of Buddhism.

Home Activity: Discuss the Four Noble Truths with your child. Then have him or her explain the difference between wants and needs. Together, brainstorm a list of each.